

Phase 3 Agreement

Congratulations!

Stage 3 is when you begin to re-integrate back into your family and friends. You receive more freedoms AND more responsibilities. The work you have been doing here must begin to transfer to your family.

this is a careful time for you. Phase 3 is a signpost that going home is a real possibility. You might even get an end-date soon. Other things could happen during phase 3 that can change your circumstances too.

- You could graduate to another program or facility.
- You could stay at Fire Mountain longer and enter a Phase 4 program.
- You could go live with family members for a while.
- You could get “busted back” to Phase 2.

You need to know that NO future is set in stone. Anything could happen and if you haven't learned it by now you must understand...

What **YOU** do next will effect **WHEN** you go home.

There is no determined amount of time someone can spend in Phase 3. You will be done when the work is done. Just like in the other phases, there are some expectations that you must fulfill, and you will only be allowed to graduate when you have completed your work.

Can you imagine having to stay extra days past your graduation date because of a worksheet you didn't finish?

EVERYBODY wants you back home. YOU could get in the way of that.

Here are a list of a few things that could keep you here at FMSH longer:

- smuggling contraband into the house
- breaking a rule in the house
- helping someone break a rule in the house
- knowingly hiding, omitting or lying about another person's rules violation
- relapse in any form
- not finishing required work
- contacting someone not on the approved list
- allowing someone to use one of your privileges
- not taking part in the Coming Home Contract process
- displaying old behavior patterns

There's more but you get the idea. Hopefully, while you were with us, you learned some new skills and techniques to deal with things. Hopefully, you practiced following simple

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rules, even if you didn't understand or agree with them. Hopefully, you are ready to begin doing this in your family's home.

But that's all up to you, isn't it?

In Phase 3, we are going to have some agreements. It's your job to fulfill your agreements and our job to watch and see whether you are doing your work or not. YOU have to take the lead on your recovery now. YOU have to prove that you are ready to graduate FMSH.

Here is a chart of agreements and requirements AND privileges that you can receive in Phase 3. Any or all of these can be removed at anytime.

Resident and Family Privileges (Some are the same in other phases)	Completed?	Phase 3 Privileges	List of responsibilities	Completed?
<ul style="list-style-type: none"> • Sunday calls • Holiday Break- 24+ hour pass available • Birthday Visits- immediate family only • Overnight visit- 1 24 hour pass available • Lunch Visits-3 during phase • Emails to approved list • Relatives in town for visits- Day Pass available • Care Packages -2 		Can add 1 friend to phone list	Phase 1 and 2 NA homework completed.	
		Can go to meals with sponsor	Phase 3 NA work completed.	
		Self regulate workouts	Volunteer position secured in community.	
		Drivers Permit options	Resources worksheet/ phone-list completed	
			CHC completed	
			3 job applications filled out and turned in	
			Impact letter to self written and mailed.	
			Friends and friemies list completed and turned in.	
			Relapse prevention Worksheet.	

